

Helpful Tips for a Neurodiversity inclusive classroom

1. Listening looks different on every person
2. Acknowledge and embrace the people who take everything literally
3. Many people need “fidgets” to concentrate.
4. Active breaks help everyone.
5. Make a schedule visible to everyone. Many people need help with transitions.
6. Social cues - some people are naturally good at them, some people need to be gently taught.
7. Traits of neurodiversity vary widely. People with the same diagnosis can act very differently from one another.
8. Follow the lead of the neurodiverse student; believe them if they tell you that something in the class is bothering them (sounds, smells, etc.)