

# RRUUC SHELTER WEEK

**March 21 - 26, 2021**

During Shelter Week, the RRUUC congregation provides a week of meals (3 meals a day) for 35 women living at the Interfaith Works Women's Center, a Rockville homeless shelter run by Interfaith Works.

- Interfaith Works is a non-profit coalition of more than 165 diverse congregations working together to help the poor and homeless in Montgomery County ([iworksmc.org](http://iworksmc.org)).
- The Rockville shelter connects its residents with housing, health care, and social services to promote self-sufficiency.

What can I do?

- Provide parts of a dinner (main course, hot vegetables, salad, bread, dessert) or provide lunch meat, breakfast food, fresh fruit, milk, etc.
- Transport the food from RRUUC to the shelter (leave church at 5 pm)
- Serve as a door captain (contact volunteers 2 days before to remind)
- Donate items such as sugar, coffee, napkins, laundry detergent.

Who can help?

- People of all ages – alone or in groups!
- SSL hours can be earned by youth who prepare food.

Where is the shelter located?

- 2 Taft Court, Suite 100, Rockville, MD 20850. Parking is available.

Questions?

- Send an email to [shelterweek@rruuc.org](mailto:shelterweek@rruuc.org)
- Call Judi Croft or Mary Beth Bowen.