

What You Can Do to Help Stop Climate Change

At Home

1. Electricity

Buy electricity from a “green” supplier. It’s simple in Maryland and D.C.:

\$ Go to www.powersetter.com to find a “Green 100%” supplier in Pepco's service area.

\$ Sign up for a plan you like. Some “green” suppliers offer rates that are **below** Pepco's standard offer of service.

The supplier notifies Pepco, and then you'll be using wind-powered electricity.

Use only LED light bulbs.

Turn out the lights when you leave the room.

2. Transportation

Telecommute.

Walk, bicycle, or use public transportation instead of driving.

When driving, observe the speed limit and keep your tires properly inflated.

Make your next motor vehicle electric.

Fly less or not at all.

3. Housing

Improve home energy efficiency through Empower Maryland (your electric bill pays for this). Get Info at: www.pepco.com/WaysToSave/ForYourHome/Pages/default.aspx

\$ Free quick home energy check-up

\$ Full home energy audit at subsidized cost

\$ Rebates for energy-efficient home appliances or energy saving home improvements (insulation, leak sealing, duct sealing)

Maintain your heating and cooling system annually.

Recommended thermostat settings:

- \$ Furnace and A/C: 78° F in summer, 65° F in winter
- \$ Use programmable thermostat to adjust settings when you're away
- \$ Tank hot water thermostat: 120° F

4. Food

Eat a plant-rich diet. Livestock cause even more greenhouse effect than transportation.

Don't waste food. Food waste causes 8% of global greenhouse gas emissions.

Compost food scraps yourself, or use a service like Compost Crew or Veterans Compost. Turn food scraps into soil conditioner, not methane.

Reduce, Reuse and Recycle: food packaging materials and food service items.

At RRUUC

Join the Earth Ministry. Contact Walter Weiss or Jack Lebowitz, Co-Chairs.

Participate in our congregation-wide Green Sanctuary initiative.
Email GreenSanctuary@RRUUC.org.

In the Local Community and Beyond

Join or support one or more of the fine organizations working for a sustainable future. Here are three of them:

- The Montgomery County Faith Alliance for Climate Solutions (MC-FACS), a coalition of faith communities working locally for climate solutions. Contact Walter Weiss, Chair.
- MoCo on Climate, a student organization demanding that MCPS does its part to address the climate crisis. <https://mocoonclimate.wixsite.com/mocoonclimate>
- Chesapeake Climate Action Network (CCAN) advocates at the State level for climate friendly laws and policies. <https://chesapeakeclimate.org>

Learn about climate solutions. Visit <https://drawdown.org/> or sign up for the free Drawdown course at <https://www.pachamama.org/engage/drawdown>

Vote. Elect candidates committed to protecting the earth and stopping climate change.